News of Unidos en Cristo Minnesota

Vol. 32, No. 3 October, 2015

Palanca TESS

#275 and #276

Brunswick UMC

6122 - 42nd Ave. N., Crystal 763-533-1661 • brunswicklife.org

Directions to Brunswick UMC:

Hwy. 100 north, take County Hwy. 9/42nd Ave. N. exit, turn west onto County Hwy. 9/42nd Ave N. Hwy. 169 north, take County Hwy. 9/42nd Ave. N. exit, turn east onto 42nd Ave. N. The church is on the north side of 42nd Ave. N. As always, watch for the "4th Day" signs.

Men's UEC #275 November 5-8, 2015

"For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God." Ephesians 2:8

 Rector:
 Rich Carlson
 612-210-1669

 Kitchen:
 Brian Bimberg
 763-355-4504

 4th Day:
 Nate Watson
 651-328-4607

 Palanca:
 Larry Westbrook
 763-300-0081

Women's UEC #276 November 12-15, 2015

"O come, let us sing for joy to the Lord, Let us shout joyfully to the rock of our salvation." Psalm 95:1

 Rectora:
 Barb Laidlaw
 320-221-3778

 Kitchen:
 Peggy Eddy
 320-894-3048

 4th Day:
 Sheryl Bakke
 763-843-5341

 Palanca:
 Sara VanderBent
 715-417-0322



UEC #273 & #274 Weekenders St. Lucas Community, St. Elmo

Steve Butz, Spirit of Life Bible David Dircz Tiffany Draeger Tim Draeger Jay Engelman, Crosswinds Community Jeri Fabian, St. Mary's Roger Grosslein, The Harbor Angi Harris, Southtown Baptist Hank Harris, Southtown Baptist Sarah Howe Michael Ireland, Ridgewood Theresa Johnson, Our Lady of the Way Terence Johnston, First Presbyterian Lori Knutson, Cornerstone Brenda Koosmann, Who's Next Cindy Kummer, Hastings UMC Andrew Meyer, St. Croix Valley UMC Kris Smith, Bear Creek Christian Timmy Sunde, St. Croix Valley UMC Eric Wadleigh, Brookwood Community Cindy Watson David Watson Kora Wilson, True North Debbie Wright, Centennial UMC



Convenor's Corner

By Tim Powell, convenor@unidosencristo.com

Summer has come to an end, which means the beginning of many things, church programs, school, UEC council terms, football season, the list could go on and I suppose that would be one way to fill my first Convenor's Corner article but I won't do that to you. Instead I would like to share some experiences I've witnessed this summer and how those experiences have made me consider how great, how awesome, how amazing our God is

This past summer, my family and I had season passes to Valleyfair in Shakopee. We have had some great family time while enjoying the many thrill rides at the amusement park. My wife, Cyndi, and I encouraged our kids to try different rides that they may have felt were scary. We encouraged them to get out of their comfort zone.

Here is a real world observation; to

try to get someone to do something that they don't really want to do takes time. It takes coaxing, discussion, words, both gentle and at times stern and forceful. Ultimately, however, it takes trust.

My son, Obi, didn't want to ride Wild Thing. If you aren't familiar with Wild Thing, it's the fastest roller coaster in the park.

It tops out at a whopping 74 miles per hour, rises into the sky to a height of 207 feet with it's initial drop of 200 feet nearly straight down! It is a daunting site to behold.

I know my son better than he knows himself sometimes but I realized that I needed to talk to him, guide him, nudge him, to give the roller coaster a try. I knew he would enjoy it, I just KNEW it, but he was dragging his feet. Finally, we got into the line, you could see the anxiety on his face.

We got up to the attendant, the person took the height stick out and sure enough, Obi was plenty tall enough to ride. We walked up to the cars, sat in the coaster seat, strapped in and we were off. He was very tense as the coaster headed up the 207 foot incline, then the big drop, ZOOOOM, we were off and in short order, it was done.

After that first ride, he was hooked, now he loves it. He even raises his hands throughout the whole thing.

Why do I share this story? Well, for one, I enjoy talking about my kids but



that is not the real reason.

I believe the Lord has been teaching me something lately. He has been telling me to trust Him, trust His Word, trust His path that He has laid out for me.

I am realizing how well I know my children. I knew that Obi would like Wild Thing. I am also recognizing the

correlation between the relationship I have with my children and my relationship with God. If I know my children so well, how much better does our omniscient God know me.

Far too often I find myself not wanting to do something I know He has called me to do. His plans are perfect, God has called us to be leaders for Him, He has called each and every one of us to take up His cross, die to self and follow Him.

By His amazing grace, we are able to see His light in this dark world in which we live and walk in and through the darkness. So, why do we fight? Why do we drag our feet when He calls?

My challenge for you, my friends, is to listen to God. What is He asking, dare I say telling you to do?

If you haven't served on a UEC team in some time, or maybe never, is the Lord prodding you to serve? Is He guiding you to sponsor? Maybe you are being urged to share some of yourself in a rollo?

Whatever the case, I encourage you, young and old, to be fearless for the Lord, be bold and serve Him. If you are called by Him, He will supply all that is needed. All you have to do is trust, trust in Him who is the most trustworthy. Amen.

Philippians 4:13, "I can do all this through him who gives me strength."

Meet your council members

Rich Carlson

Supply Coordinator

Rich attends Glendale UMC. His initial weekend was #149 in 1998.

Rich has served on all four teams and is serving as #275 Rector.

As Supply Coordinator, Rich maintains the two UEC trailers. He oversees the delivery of the trailers and paper supplies for each weekend where they are being held.



Diane Martin

Diane attends Grace UMC, Burnsville. Her initial weekend was #148 in 1998.

Diane has served on all four teams and was Rectora in 2012.

Diane is in charge of the Site Selection. She contacts churches and schedules the upcoming weekends where UEC will be held.



Prayer Vigil

Weekends *275 and *276 are coming up quickly with the men beginning their weekend on Thursday, November 5, and the women on Thursday, November 12, at Brunswick United Methodist Church, Crystal.

Prayer is a vital part of a UEC weekend. A prayer vigil by the UEC 4th Day community connects the community to the weekend and strengthens the Weekenders, team and the community alike. Prayer connects us to God and to each other.



When you sign up either for a specific hour or throughout the weekend, you will receive regular updates for those four days.

These updates will act as a reminder to bathe the weekend in prayer and also give a glimpse of what is happening at the moment.

Please help blanket both weekends

with prayer by following the instructions below.

How to participate in the Prayer Vigil:

- 1. Log on to www.unidosencristo.com
- 2. Click on "4th Day" on the bar under "Unidos en Cristo"
 - 3. Click on "Weekend Prayer Vigil"
- 4. Scroll down to the Sign Up section and enter your name, phone number, e-mail address and then sign up for Weekend *275 or *276.
- 5. You may choose a one-hour time slot to pray, or select the entire weekend.
 - 6. Click on "Submit Prayer Times"
- 7. Click on "Prayer Vigil Tips" on the sign-up page for helpful suggestions and Scripture readings

You will receive reminder emails throughout the weekend.

If you have questions, contact the Prayer Vigil Coordinator for the weekend you are committing to pray for. Thank you for your support and prayers.

UEC Men #275 --- Larry Westbrook,

ph. 763-300-0081 or larryowest47@gmail.com

UEC Women #276 --- Sara VanderBent

ph. 715-417-0322 or Isaiah61.1.4@gmail.com

Applications accepted

Please use the recently updated Weekend registration and Team applications which are available online at www.unidosencristo.com on the Sponsors and Team page.

Weekend Registrations will be accepted at any time for any weekend if the weekend hasn't filled. If you wish to submit a Weekend Registration form within two weeks of an upcoming weekend, contact Del Van Batavia, Allocations Coordinator to determine if space is available. Send Weekend Registration forms to:

Del Van Batavia, UEC Allocations 404 Union Terrace Ln. N. Plymouth, MN 55441 vanbatavia@unidosencristo.com

The Weekend Registration fee of \$40.00 per Weekender should accompany the Weekend Registration form.

Team Applications may be submitted at any time for any weekend. Submission of a team application does not guarantee placement on a team. You may contact Terri Eggleston, Leadership Training, by e-mail at eggleston@unidosencristo.com to determine if there are still team openings.



www.unidosencristo.com

Weekend Registration Forms, Sponsor Tips, and Team Applications can be found on the **Sponsors and Team** page.

The Palanca Press, Prayer Vigil and Current News can be found on the **4th Day Community** page.

2016 Calendar of Weekends are now posted on the *Calendar* page.

If you click "Ready to Learn More?" on the *Home* page, you will find the UEC Brochure, Faith and Mission Statement, and History.

If you see a correction to be made or have a suggestion about the Website, contact Communications Coordinator, Lisa Boldenow, boldenow@unidosencristo.com

Future UEC Weekends			
Weekend	Date	Host Church	Rector/a
#277 Men	January 21-24, 2016	Colonial, Edina	Jerry Low
#278 Women	January 28-31, 2016	Colonial, Edina	Kari Caldwell
#279 Men	July 21-24, 2016	Rosemount UMC	TBA
#280 Women	July 28-31, 2016	Rosemount UMC	TBA

Loving Memory

We joyfully celebrate the life and resurrection of each friend in Christ who has entered the Fifth Day:

Lorraine Kurtz (#148) - Buffalo - Buffalo UMC Jim Barber (#141) - Waseca - Faith UMC (Edy) David Pramann (#89) - Buffalo - Buffalo UMC (Kaye) Dorothy Vrieze (#178) - Spring Valley - Faith UMC Twyla Hellickson (#256) - Spring Valley - Faith UMC

If you know of a Cursillista who has entered his or her 5th Day, please e-mail information to the Palanca Press Editor palancapress@unidosencristo.com) for inclusion in the newsletter. You may also use the form on the website, unidosencristo.com, on the 4th Day Community page and use the 5th Day button.

Others in the 4th Day Community may have no other way of knowing that their friends in Christ have entered His presence. If you provide the name and address of family, a sympathy card will also be mailed to the family.

Memorials given in memory of Cursillistas will be acknowledged in the Palanca Press, unless otherwise requested.

Send them to: Unidos en Cristo, 5108 W. 74th St., P.O. Box 390122, Edina, MN 55439

Memorials have been given in memory of:
Jim Barber



Next Palanca Press Submission Deadline:

Wednesday, December 2, 2015

Calling for Palanca stoles

UEC is searching for Palanca stoles, which could be reused for current Palanca teams. If you have a stole which you would like to donate for future reused by future teams, please contact Teresa VanBatavia, ph. 612-270-3876. The stoles will be placed in a box and stored on the UEC trailers.

#273 weekend wrap-up

By Dave Eckart, UEC #273 Men's Rector

"God's grace has saved you by your faith in Christ. Your salvation doesn't come from anything you do. It is God's gift." Ephesians 2:8 NIRV

The weekend posed many challenges but while it was a slow (almost a no-go) start, it came together perfectly. The food was spectacular, the prayer with the Palanca team was plentiful and fulfilling, the rollos came across with huge impact and the 4th Day team's set-ups and tear

downs were faultless as was their interaction with the greater 4th Day community. Our Spiritual Directors were subtle yet the words they said had obvious effect on most, if not all, of the people there.



God gave us an extremely diverse group of men to nurture and nourish with His messages. Some of the men were well steeped in Christ and others came to the weekend out of an obligation to spouse/family or friends. Some of the guys had no desire or concept of the importance of following Christ.

By the end of the weekend there were many examples of where God had filled a void. To some He had spoken softly. Others were hit with his words in a way that convicted them if not to the point of an outright change of mind about following Christ for the rest of their lives.

Our team was hilarious and the sense of humor of our Kitchen Rector and his team was something that needs to be experienced to fully appreciate. As the men were entering the Agape Dinner he would stick his head out the door and make some wise guy comment and the entire hallway would fill with laughter to the point that the musicians were unable to continue to play DeColores. By the time the musicians were back on track, out popped Rob's head and we were off laughing to the point of tearing up. It was superb fun.

Our 4th Day Rector was impeccable in embodying the spirit of teamwork. If he was asked to do something he would look at you and say, "I've got it". That was all that needed to happen and the requested task was flawlessly accomplished.

With respect to the Rollo Room team, their rollos hit home not only for the weekenders but equally for those of us on team. Some of the Rollistas were giving their first ever Rollo and though they made comment in the Palanca Chapel prior to entering the Rollo Room about how nervous they were, by the time they got to the room they were 100% on task and target. Every last Rollo given had deep thought and meaning behind it and that message was delivered with insight and impact.

The bottom line on this "weekend that almost wasn't" is that everyone heard the message of God's love, mercy, and grace. It impacted team and weekenders equally and immensely. I frequently tell others of the importance of serving on a team to get a deeper education about Christ and His love as well as the process of Unidos en Cristo.

God's Blessings to you.

UEC Voting Council 2015-2016

Convenor

Tim Powell 651-251-1837

Co-Convenor

Kathy Messerli 612-590-4180

Convenor Advisor

Craig Stockel 612-245-2416

Allocations

Del Van Batavia 612-270-7329

Church Liaison

Sara VanderBent 715-248-3850

Clergy Coordinators

Greg Bestland 763-682-1823 Phil Schmidt 651-724-0192 Mary Syrja

651-578-2896

Communications Coordinator Lisa Boldenow

952-270-5181 **Council-at-Large**

Sue Ganzer 651-437-9131 Cathy Colman 715-381-2864

Leadership Development

Norma Lund 952-435-7133 Steve Staloch 952-881-8639

Leadership Training

Bonnie Clawson 952-215-4888 Terri Eggleston 763-443-7972 Steve Wilson 952-891-2897

Palanca Coordinator

Sandy Dunleavy 651-207-7999

Secretary

Shelley Schuenke 612-991-5774

Site Selection

Diane Martin 952-432-4931

Supplies

Rich Carlson 612-210-1669

Treasurer

Julie Du Lac 612-866-1947

#274 weekend wrap-up

By Julie Du Lac, UEC #274 Women's Rectora

When I was first called and asked to be Rectora for this weekend, my first thought (and words) were "I'm not worthy." I really felt that way. I told the Leadership Development person that I would pray about it and get back to her in a couple of days. As I was praying about it, I let my Bible fall open and the one verse which was underlined on that page was 2 Thessalonians 1:11: "With this in mind, we constantly pray for you, that our God may count you worthy of his calling, and that by his power he may fulfill every good purpose of yours and every act prompted by your faith."

When I saw the part about being worthy, I knew that God wanted me to say yes. I told God that I would say yes, but only as His hands and feet – the weekend was His, not mine. I truly felt that way and chose my team as I felt led, rather than what I wanted or what others told me to do.

The team came together very slowly, but in the end, the right team came together for 12 very special weekenders.

Satan definitely did his best to break apart our team. We even had one team member of each team drop out on the week of the weekend! We also had several injuries (one severe) before the weekend as well as on the weekend. But God had other plans for the team. Four days before the start of the weekend, I had someone approach me at the men's clausura offering



to be on team if I needed it. I didn't at the time, but only a day or two later, I did. She was able to join the team and turned out to be an awesome addition. Every single person on my team was in the role they had, for a reason.

In addition to worthiness being a theme for the weekend, we also had addiction, tears (lots and lots of tears) and, on a lighter note, dogs! There were lots of dog people on the team as well as weekenders – we even had a wonderful service dog named

Mackie on the team! He was a huge hit – especially for the weekenders, who got to meet him during one of the breaks.

The smaller size of the teams and of weekenders meant that very special bonds were formed with everyone. This was especially true with the table leaders and weekenders. God definitely put the right people at the right tables. Many grace-filled moments happened throughout the weekend.

Although we had logistic and communication issues before and during the weekend, I always felt that God was in charge and that I just needed to get out of His way. I never worried about the teams, the weekenders or the weekend. God did so much more with these women than anyone could have anticipated. We even had one weekender get baptized the morning of the ultreya!

In addition to the regular UEC teams, I had an additional team - the members of St. Lucas Community Church. They were so willing to help and were there throughout the weekend. I consider them the 5th team for this weekend. Thank you, St. Lucas UEC community!

The most important thing I learned during this process was that when we turn everything over to God and let Him take control, He can do far more than we can ever imagine. He sure exceeded my hopes and dreams for this weekend! Praise God!

Council Meetings

UEC Council meetings are held at 6:45 p.m. on the fourth Tuesdays, January-June and September-November at Christ Presbyterian Church, 6901 Normandale Rd., Edina.

Support Unidos en Cristo #275 and #276

Serenades

Agape Dinner: Open to 4th Day Team members and their guests only.

Sunday Morning: Open to Sponsors only.

Sunday Dinner: Open to the 4th Day Community, 4:30 p.m. Please arrive at 4:00 p.m.

Clausura

Sunday afternoon at 5:00 p.m. Bring your song book.

All About Palanca

How many items should I provide?

When sending Palanca for distribution in the Rollo Room, please send 56 items for each weekend.

Food Palanca Requests - Men & Women

The "common" list below are items most often needed on weekends. Since exceptions may occur, please contact those listed for details and quantities. <u>Please</u> — NO nuts, nut butters, nut flavored coffee creamers, nut extracts/flavorings, etc.

Men's Team Common Food Palanca List

regular/decaf coffee, asst. tea bags, asst. juice, asst. fresh fruit, eggs, asst. bags/cream cheese, asst. boxed cereal, milk, bacon, breakfast sausage, asst. individual yogurt, lunch meat, sliced cheese, white bread, whole wheat bread, asst. individual chips, tossed salad mix, asst. salad dressing, ground beef, chicken breasts, hamburger buns, tortilla chips, salsa, cheesecake, catawba juice. Contact: Brian Bimberg, 763-355-4504.

Women's Team Common Food Palanca List (women's weekend is Pork Free)

regular/decaf coffee; assorted tea bags; assorted frozen cans of juice (12 orange, 9 apple, 6 grape, 2 cranberry, & prune -- 64 oz. bottle); asst. fresh fruit; 35 doz. eggs; 5 doz. assorted bagels; three 16-oz. tubs plain cream cheese; two 16-oz. flavored cream cheese; 8 boxes assorted cereal; 15 gal. milk (8 - skim, 7 - 1%); 90 - 8-oz. ind. yogurt; 14 loaves white bread; 4 loaves wheat bread; 30# luncheon meat (please, no ham since we are pork free); 90 slices American cheese; 90 ind. bags of assorted chips; 5 lg. bags tossed salad mix; two 32-oz. French salad dressing; two 36-oz. Ranch salad dressing; two 36-oz. Italian salad dressing; 64-oz. Caesar salad dressing; 20# ground beef; 120 - 6-oz. boneless chicken breasts; 6 bags tortilla chips; 9 jars salsa; 24 bottles catawba juice

Women's Weekend:

80 white baking potatoes (med size); 8 angel food cakes, 16-oz. guacamole; 25# baby red potatoes; 80 ice cream sandwiches or treats (no nuts); 6# fresh blueberries; 14-qt. fresh strawberries; 12# fresh pea pods; 120 hard rolls; 10# butter

Contact: Abby Hartman, ph. 763-245-1699, e-mail: ahark 16@hotmail.com

ALL UEC WEEKENDS ARE NUT-FREE AND SCENT-FREE

Wall Palanca needed

Do you remember the Wall Palanca during your weekend? All renewal groups, individuals and prayer groups are encouraged to shower these Weekenders not only with our prayers but with Wall Palanca.

Wall Palanca can be as simple as a card or a decorated poster. The main thing is for you to express God's love to the Weekenders.

You may send your Wall Palanca by mail to: UEC Palanca Coordinator, Sara VanderBent.

The deadline for the coming weekends is November 1, 2015. If you have any questions, contact Sara VanderBent at 715-248-3850.



Palanca Press distribution

The Palanca Press is being distributed electronically. You may subscribe or unsubscribe by e-mailing your request to:

database@unidosencristo.com

UEC #275 - Men's Team Roster

Rollo Room Leadership

Rector - Rich Carlson, #14 Asst. Rector - Robert Black, #9 Asst. Rector - Tim Eiler #1 Asst. Rector - Brad Spear, #13

Rollo Room Spiritual Directors

Phil Schmidt, #2, #12 Bart Fletcher, #4, #10

Rollo Room Musicians

Rob Powell Dennis Webster

Rollo Room Technical Assistant

Robert Eddy

Rollo Room Rollistas and Table Leaders

lim Adsem, #5 Paul Libra, #11 Al Miller Neil Powell, #6 Dale Swanson, #3 David Webb, #8

Palanca Team

Rector - Larry Westbrook Asst. - Anibal Velarde Spiritual Director - Greg Bestland, #7 Kim Bakke Todd Bakke Dave Clawson Gerald Johnson George Lee Paul Lorenz William Makepeace Mike Mann Phil McWilliams

Kitchen Team

Rector - Brian Bimberg Asst. - Jeff Kimpton Nick Bueltel Jeremy Krekula Kurt Maxwell Robbie Rudebusch John Titus

4th Team

Rector - Nate Watson Asst. - Dan Fox Jason Engelman Deen Hubin Steve Kess



UEC #276 - Women's Team Roster

Rollo Room Leadership

Rectora - Barb Laidlaw, #14 First Baptist Asst. Rectora - Jen Bowe, #3 Buffalo UMC Asst. Rectora - Kelly Kandels, #8 Grace UMC Asst. Rectora - Susie Westbrook, #13 Who's Next

Rollo Room Spiritual Directors

Emmaus Road Covenant Janice Knight, #4, #10 Scott Wildenberg, #2, #7
Rollo Room Musicians True North

Restoration Covenant Ruth Lawrence DeeAnn LaLuzerne Faith Covenant

Rollo Room Technical Assistant

Judy Bollar Hope **Rollo Room Rollistas and Table Leaders**

Latrice Barker, #11 Shiloh Int. Ministry Lynn Bauch Anoka Covenant Marilyn Brooks Christ Community Stephanie Deiss, #9 **Emmaus Road Covenant** Laurie Fosburgh Rosemont UMC Stacy Lundquist Church of the Open Door Sharon Nagel Christ Community Lisa Robertson, #1 **Emmaus Road Covenant** Shelley Schuenke Hope Presbyterian Katina Stamp, #6 Redeeming Love Wendy Vanderwerf, #5 First UMC

Palanca Team

Rectora - Sara VanderBent The Bridge Bible Asst. - Elaine Schmidt Lake City UMC Spiritual Director - Neil Bonkoski, #12 Lakeside Christian Musician - Mary Jo Savage Normandale Highlands UMC Beth Bailey River Valley Brenda Koosman Who's Next Cyndy Larson **UMC** of Peace Donalee Olson Unlock Terri Powell St. Lucas Community Barb Sweaney Emmanuel Christian Center

Kitchen Team

Litchfield UMC Rectora - Peggy Eddy Asst. - Shannon Watson True North Marissa Goede Plymouth Covenant Abby Harkman **Buffalo UMC** Gail Hurley **Buffalo UMC** Becky Kes Hosanna Litchfield UMC Leanne Kess Lori Knutson Who's Next Oak Heights Covenant Nancy Marcks Donna Peterson Oak Heights Covenant Rachelle Pilcher True North Teresa Van Batavia Brunswick UMC

4th Day Team

Church of the Open Door Rectora - Sheryl Bakke Asst. - Carla Lorenz Church of the Open Door Brunswick UMC Marcia Barry Brooklyn Park UMC Ada Beh Church of the Open Door Stacy Bezanson Sarah Howe Southern Baptist Brunswick UMC Sherri Leduc Kathy Nelson **Emmaus Road Covenant Buffalo UMC** Darla O'Flanagan Marilynn Rarick Peace Reform Linda Stone Mount Olive Heide Walker First Community Recovery



5108 W 74th Street P.O. Box 390122 Edina, MN 55439

Contacts

• Have a Question? • Need Information? www.unidosencristo.com convenor@unidosencristo.com

UEC Council members: (last name)@unidosencristo.com

Palanca Press Editor, Barb Laidlaw palancapress@unidosencristo.com

E-mail Changes or Address Changes to:
Beth Pukal, Database Administrator
database@unidosencristo.com



Cursillo Friends

Unidos en Cristo is one of literally thousands of cursillo organizations. All offer the cursillo weekend in some form. Some are denominational, some are not. Some are co-ed. Some meet in churches, some in retreat centers. They all follow the same basic cursillo method. Unidos en Cristo is "friends" with the following cursillo organizations in Minnesota and you are encouraged to know about them and support them. We all have the same basic goal ... to provide a weekend that is an encounter with God's grace.

Catholic Cursillo: Found active in many of Minnesota's Catholic communities: www.tc-cursillo.org.

Charis: Cursillo in prison. Once you've attended a cursillo weekend, you can serve on team with Charis. For more information, go to: www.charismn.com.

Teens Encounter Christ (TEC): Sponsor a teenager (grades 10-12) to serve as an adult leader on a TEC weekend. Visit www.unitedtec.org (metro) or www.southerntec.org (Southern Minnesota) for more information. There is also a Lutheran TEC.

Tres Dias: An international ecumenical community. Visit www.tresdias.org.

Via de Cristo (Minnesota): Visit www.mnviadecristo.org. Now ecumenical, this began as Minnesota Lutheran Cursillo.

Walk to Emmaus: Sponsored by the Upper Room, information on this ecumenical community, which began in the Methodist tradition, can be found at: www.mnemmaus.org.